

# TOPS SHELLED PEANUTS



## Product Info

These dried nuts are crispy and highly delicious in taste. It is a specie in the legume or "bean" family. Despite its name and appearance, the peanut is not a nut, but rather a legume. Peanuts have many uses. They can be eaten raw, used in recipes, made into solvents and oils, medicines, textile materials, and peanut butter, as well as many other uses. Peanuts are rich in nutrients, providing over 30 essential nutrients and phytonutrients. Peanuts are a good source, magnesium, vitamin E, magnesium and phosphorus. They also are naturally free of trans-fats and sodium, and contain about 25% protein (a higher proportion than in any true nut). Some people might have mild to severe allergic reactions to peanut exposure.

340023	PEANUTS SHELLED TOPS (80/100 GRADE) PP 50 KG	6002310009753
340027	PEANUTS SHELLED TOPS PL 10 KG	6002310010995
340026	PEANUTS SHELLED TOPS PL 5 KG	6002310011008
340025	PEANUTS SHELLED TOPS PL 8 X 2 KG	-
340024	PEANUTS SHELLED TOPS PL 8 X 1 KG	-
340021	PEANUTS SHELLED TOPS PL 10 X 500GR	6002310009371



**Nigel Mill**  
45 First Avenue,  
Vorsterskroon, Nigel,  
South Africa, 1490

**Phone** +27 11 814 8383  
**Fax** +27 11 814 8370  
nigelmill@pridemilling.co.za  
[www.pridemilling.co.za](http://www.pridemilling.co.za)